



2019 tackle football code of conduct.

For football players and parents/guardians.

The Vikings Junior Football & Cheer program is dedicated to the promotion of teamwork, the enhancement of each football player's self-esteem, physical fitness and his/her growth as a responsible individual within the community.

VJF requires all football players and parents to read, understand, and adhere to the following Code of Conduct: (Disciplinary action will be taken if the Code of Conduct is not maintained.)

Expectations:

1. Adhere to and uphold the above VJF&C mission statement.
2. Be respectful to all coaching staff and football players at all levels.
3. Work hard and have a positive attitude. 100% always.
4. Assist your fellow football players with encouragement and any extra help when you can.
5. Participate in warm-ups and be responsible for learning all plays.
6. 100% attendance. If unable to attend due to illness or family emergency let your coach know ASAP.
 - a. If you do not attend a practice or a game without prior communication, consequences may apply.
 - b. Keep in mind game times may change at the last minute so keep the entire day available.
 - c. As an organization, we invest in TeamSnap – please utilize this benefit from your coaches for the most up-to-date information about game, practice times and locations.
7. Attend and be on time for all practices, games and events.
8. Contact your coach as early as possible if s/he will be late or cannot attend practice, game or event due to illness or family emergency.
9. Always have all equipment and uniform.
10. Adhere to cell phone policy – no cell phone use during practices and games.
11. VJF&C has a policy of “zero tolerance” for any drug or alcohol use. Evidence of drug or alcohol use by a football player at any time will result in immediate expulsion from the VJF&C program. This includes evidence found by any means, including social media.

Practices and games are a crucial part of your child's, as well as the entire team's success. Being late or missing practices or games for any reason will result in sitting out with the coach for one or more quarters.

We have a very firm three strikes policy for behavior and/or attendance issues. Prearranged absences count as a strike. Football players will be informed if they have a strike and coaches may arrange to meet with parents, the football player and an executive board member if necessary. Disregard of any of the above listed policies may result in a strike and/or sitting for the first quarter of the game.

Parents:

1. Exhibit a positive and supportive attitude toward your athlete, coaches and volunteer board members always.
 - a. This includes any form of communication, including but not limited to phone, text, voicemail, social media, verbal or implied.
 - b. If concerns or issues arise, please do not discuss at a game or in front of any football player.
 - c. Please contact your coach or an executive board member later so they may address your concern.
 - d. VJF&C has a zero-tolerance policy for any threatening, aggressive or otherwise conduct unbecoming behaviors exhibited by players or parents. Any violation as determined by our Grievance Committee can result in the immediate removal of the parent and/or player from the organization as determined by the governing board.
2. Participation and attitude of our parents is just as important as those of our players.
 - a. Contact IJFABoard@gmail.com to file a grievance or to communicate your concerns with coaches, players, board or any VJF&C staff.